



## Housing and Accommodation Support Initiative (HASI) – Dubbo, Wellington, Mudgee, Lightning Ridge, Walgett and Broken Hill

### Fact Sheet

**HASI aims to support people living with a mental illness to maintain and enhance their housing, Participate in community life, increase their functioning and enhance their overall wellbeing.**

#### Target Groups

##### **High Support (up to 35 hours per week)**

- Aged 16-65 years
- Diagnosed with a mental illness
- Experiencing a moderate to severe level of psychiatric disability
- Established public housing or eligible for public housing
- Homeless or at risk of homelessness
- Low level of functioning

##### **Low Support (3-5 hours per week)**

- 16 years and upwards
- Own accommodation in social/public housing established
- Have a low level of psychiatric disability
- Have the capacity to benefit from the program
- Have a high level of functioning most of the time

#### Service Activities

- Provide holistic recovery focused case management
- Assisting client to gain and maintain long term tenancy
- Develop and maintain relationships with other support agencies
- Provide advocacy and referrals for clients
- Conduct home visits and assists with transportation to appointments and activities
- Assisting in developing clients life skills
- Assist in accessing appropriate primary, secondary and tertiary health services
- Enhance social inclusion
- Mental health support and education
- Provision or coordination of access to activities that promote personal development, health, recreation, and self-worth and community involvement
- Strengthen relationship with other support organisations

#### Outcomes

- Clients are maintaining their tenancy
- Clients have improved relationships with housing provider
- Reduced demand on emergency and health services, reduction in costs to health system
- Improved social/ community participation

- Clients have greater levels and duration of recovery and rehabilitation
- Clients have improved mental and physical health and emotional wellbeing
- Improved levels of functioning and life skills
- Enhanced relationship with clinical mental health support

#### Funding Source

NSW Ministry of health has funded Mission Australia to provide the Housing and Accommodation Support Initiative to numerous communities in Western NSW.

#### Referral Process

Referrals can be made directly to Mission Australia by health services, community services, family members, self-referrals or other community organisation

#### Mission Australia

Mission Australia is one of the nation's leading charities and community service organisations, have helped change the lives of individuals and families in need for almost 150 years. Mission Australia's vision is 'to see a fairer Australia by enabling people in need to find pathways to a better life'. Mission Australia currently operates more than 450 services throughout metropolitan, rural and regional Australia—in every state and territory. Our services are made up of community, employment and training services aiming to provide:

- Pathways away from homelessness
- Pathways to strong families and healthy, happy children
- Pathways through successful youth
- Pathway to suitable employment

#### Contact Information

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