

Healthy for Life Child Health Checks Road Show

On Thursday 4th October, Brewarrina Aboriginal Health Service conducted a Healthy for Life Child Health Checks Road Show at their grounds to promote child health checks and physical activity, mainly aimed at Aboriginal and Torres Strait Islander children. Attendance on the day consisted of forty two Aboriginal males and thirty eight Aboriginal females with twenty four being between 0-4 years of age and 56 being between 5-14 years of age.

The Travelling Road Show Team team comprised: Nova Peris - Dual Olympian, Bo De La Cruz - Touch Football player for Australia, Nathan Blacklock - NRL Representative for Australia, David Peachey - NRL Representative for Australia, George Rose - NRL Manly Sea Eagles Player and Chance Bunce - NRL West Tigers Player.

Eighty nine children registered on the day with forty one children who had already had a child health check. Thirty nine children who will be followed up by BAHS to see a doctor on clinic days and nine children who registered on the day but did not go through with the check up.

The day was promoted through out the community with flyers being given to preschools, childcare and Brewarrina Central School. Flyers were also distributed in the post as well as around the town.



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BAHS and WAMS Officers on the day were: Hellen Mannix - Community Nurse, Tammy Childs - Receptionist, Enid Steadman - Aboriginal Health Worker, Chris Boney - Handy person, Skye Duncan - EPC Nurse, Georgiana Butt - Sexual Health, Trevor Simpson - Mental Health and Richard Simpson - Ear Health. Rodney Robbins (Orana Haven Manager) represented Orana Haven.

Rodney Robbins was in charge of the BBQ, with the assistance of Chris Boney, Trevor and Richard Simpson. This allowed the clinic staff to concentrate on the Child Health Checks.

Sporting activities were held at the local park, where the Road Show Team was assisted by Rick Black from Sport and Recreation. This worked in well, as it allowed the children to be playing with the Road Show Team and helped minimize the crowd of people within BAHS grounds.

The children who presented on the day, required consent to have the child health check attended. Following their completion of the health checks they received Healthy Child promotion packs, which were supplied by the Road Show Team.

Amy Gordon, from the local Brewarrina Newspaper attended the day and was busy taking photos, which were later displayed in the local newspaper.

Following from the day, many positive comments were given from people in the community.

